

Attention: Parents and Students

Teens in Control (TIC)

Reality Based Self Defense System For Teens.

Discover How to Avoid Attacks, Gain Peace of Mind and
Protect Against Unexpected Crime.

Teens Will Learn How To:

- Use natural reactions for self-defense in the shortest period of time
- Use everyday objects as weapons (pens, belts and books...etc)
- Successfully defend themselves in a life-threatening situation
(No matter how big the assailant)
- Rape prevention
- Understand the use of awareness
- Avoid being an easy victim for predators (Learn life-saving non-verbal and verbal techniques)

Absolute "Must" For Teens Transitioning From High School to College

Learn More...

Contact us: 240-354-3693

"Self Defense Saves Teens Lives!"